

Advanced Kata of the Month:

Jiin



shuhari
institute 

“Temple Sanctuary” 寺院

In the same family as Jion and Jutte, Jiin features many simultaneous techniques and repetition of stances enabling swift changes of direction while maintaining balance, power and steps of equal length. Jiin has fallen out of popularity in recent times and was removed from the JKA syllabus. Jiin does not start and end at the same spot.